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December 17, 2003

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FILING DATE: August 23, 2002

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By Authority of the

COMMISSIONER OF PATENTS AND TRADEMARKS

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### PROVISIONAL APPLICATION FOR PATENT COVER SHEET

This is a request for filing a PROVISIONAL APPLICATION FOR PATENT under 37 CFR 1.53(c)

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Given Name (first and middle	iven Name (first and middle (if any)) Family Name or Sumame				Residence (City and either State or Foreign Cou				
Nachiket		Kharalkar				2810 Rio Grande #207, Austin, TX 7			
Morteza			3		Houston, TX				
	inagilavi 3525					- <b>(PC 1700)</b> -	1110030011 17	77000	
Additional inventors are b	eing named o	on thes	separately nu	mbered sheets	attached here	to			
	TITLE OF THE INVENTION (500 characters max)								
Methods and apparatus for non-invasively evaluating endothelial function									
Direct all correspondence to:		CORRESPO	ONDENCE A	DDRESS	, , , , , , , , , , , , , , , , , , ,				
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City	Houston		State	TX	ZIP		77030		
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METHOD OF PAYMENT OF FILING FEES FOR THIS PROVISIONAL APPLICATION FOR PATENT									
Applicant claims small entity status. See 37 CFR 1.27. FILING FEE									
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Respectfully submitted,	7	<		Date	08/21/2002	٦			
SIGNATURE REGISTRATION NO.									
TYPED or PRINTED NAME Morteza Naghavi (# appropriate) Docket Number:									
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## Title: - Methods and apparatus for non-invasively evaluating endothelial function.

Inventors: Nachiket Kharalkar Dr. Morteza Naghavi

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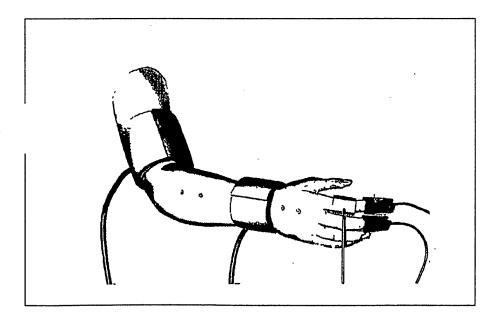
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### **ABSTRACT**

Methods and apparatus for non-invasively evaluating endothelial function. This can be done self-administratively without the presence of any medical practitioner. This test helps an ordinary consumer or patient to test the endothelial function and to obtain information about his endothelial cells; which are responsible for maintaining the patency and integrity of the arterial system. The hyperemia is

simulated by creating an occlusion of the target artery restore to the (by inducing cuff pressure on arm, wrist, finger or application as leg) for some time and then suddenly releasing the occlusion. The changes in the arterial blood flow are [0030] monitored before the occlusion and then after the release of occlusion. Different techniques may be used to determine the blood flow through the arteries and may include but are not limited to pulse oximetry, temperature measurements, piezoelectric sensors or auditory sensors. These changes are then used to predict the endothelium dysfunction present if

restore to the application as Figure 4



### Methods and apparatus for noninvasively evaluating endothelial function

FIELD OF THE INVENTION

The present invention relates generally to evaluation of the endothelial function. More particularly, it allows medical examination of the vascular system, in the absence of the medical practitioner; at the public places such as shopping complex, airport, mall etc.

#### BACKGROUND OF THE INVENTION

Over the past two-three decades, the ability to diagnose heart disease has improved radically. This is primarily because of the evolution of new, increasingly sophisticated cardiac-testing techniques and equipments. Cardiovascular diseases and its sequel account for most of the morbidity and mortality in advanced countries. Although the exact cause of cardiovascular disease remains ambiguous, it is now know that an impairment of tissue perfusion represents the primary problem. The understanding of the development and progression of atherosclerosis has been greatly advanced in the past decade. In 1970's the response to injury hypothesis of atherosclerosis proposal was made; suggesting atherosclerosis begins with an injury to the arterial wall leading to endothelial denudation or 'stripping of the endothelial lining of the artery'. In recent years, it has become clear that the endothelium has many important functions in maintaining the patency and integrity of the arterial system. The endothelium can reduce and so inactivate toxic super-oxides which may be present in diabetics and in smokers. The endothelium is the source of the nitric oxide, a local hormone that relaxes the adjacent smooth muscle cells in the media, and is one of the most powerful vasodilators known. The endothelium regulates vascular homeostasis by elaborating a variety of paracrine factors that act locally in the blood vessel wall and lumen. Under normal conditions, the sum total effect of these endothelial factors is to maintain normal vascular tone, blood fluidity, and limit vascular inflammation and smooth muscle cell proliferation. However, when coronary risk factors are present, the endothelium may adopt a phenotype facilitates inflammation, thrombosis, vasoconstriction, and atherosclerotic lesion formation. In human subjects, this maladaptive endothelial phenotype manifests itself prior to the development of frank atherosclerosis and is associated with traditional risk factors such as hypercholesterolemia, hypertension, and diabetes

mellitus and with emerging risk factors such as hyperhomocystinemia, obesity, and systemic inflammation.

Possible causes of endothelial dysfunction include:-

- Elevated low density lipoprotein cholesterol, particularly oxidized LDL-C.
- Free radical induced damage caused by tobacco use, diabetes and hypertension.
- · Genetic abnormalities.
- Elevated plasma homocysteine.
- Infectious agents such as Chlamydia.
- Obesity.
- · Sedentary lifestyle.

Currently available methods for the estimation of the endothelial dysfunction can be classified in to two types; invasive and non-invasive methods.

### Invasive methods are:-

1. Coronary endothelial function is frequently studied by measuring the vasodilator response of coronary arteries to acetylcholine or to cold pressor test by invasive quantitative coronary angiography.

add to [0007]

Injecting the radioactive material, and then tracing the blood flow with the help of gamma ray radiations.

### Non-invasive methods are:-

- 1. Method to evaluate the accuracy of measurement of the percent change in diameter of the left main trunk induced by cold pressor test with two-dimensional (2-D) echocardiography and extension of this method to the evaluation of coronary artery endothelial function in hypertensive patients.
- 2. Dundee step test.
- 3. Laser Doppler perfusion imaging and iontophoresis (Linton instruments).
- 4. High resolution B-mode ultrasound.
- Detection of vascular conditions using an occlusive arm cuff plethysmograph.
- 6. Detection of medical conditions by monitoring the peripheral arterial tone, in conjunction with the creation of hyperemia by the arm cuff.

add to [0008]

#### SUMMARY OF THE INVENTION

This introduces self Invention administered endothelial function assessment test. The test is a non-invasive test for evaluation of endothelial function and can be done without the presence of any medical practitioner. The main endeavor for developing these tests is to enable an ordinary consumer or patient to test their endothelial function and get the information about his endothelial cells: which are responsible for maintaining the patency and integrity of the arterial system. In a self administered fashion this endothelial function assessment kit can be made available in the Checkmy heart café, various public places, and also can be made home based.

This invention helps us in predicting the endothelial dysfunction non-invasively, without the presence of any medical practitioner. Currently available methods require the presence of skilled medical practitioner. These self administered endothelial function assessment tests can be performed at the public places and also at the home. The hospital based tests currently available are costly. The tests mentioned in this invention can be performed in 5-6 minutes. Currently available tests may sometimes require more than 6 minutes for the

### BRIEF DESCRIPTION OF THE DRAWINGS

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paragraph

[0012 - 13]

FIGURE 1 is an overall system diagram of the invention, in its preferred embodiment.

#### We claim:

1. A self administered method for non-invasive detection of the endothelial function of a person, without the intervention of any medical practitioner.

2. A method for self administered endothelial function evaluation comprising:

Creation of occlusion on the arm, leg, wrist or finger of a person in order to block the arterial blood flow:

Maintaining of the said occlusion for predetermined time at the predetermined pressure;

Removing the occlusion after predetermined period;

Monitoring of the changes in the oxygen content of the blood, temperature of finger tip or the blood flow rate:

Prediction of the EF from the analysis of above parameters.

3. A method as mentioned in claim (2), wherein the pulse eximeter is connected to the tip of finger to continuously monitor the oxygen content of the blood in order to predict the

4. A method as mentioned in claim (2), wherein the temperature sensors are placed on the tip of the finger, to monitor the blood flow and predict the EF from that.

5. A method as mentioned in claim (2), wherein two or more sensors separated by some restored as as known distance are placed on the forearm of the person when the occlusion is created in the arm, to determine the blood flow rate. The sensors may be pezio electric sensors micro phone, pressure etc.

6. A method as mentioned in claim (2), wherein Photoplethysmograph apparatus is placed near the finger to monitor the blood flow.

7. A method as mentioned in claim (2), wherein two or more sensors separated by some distance are placed on the arm or the hand and the impedance between them is continuously monitored. This in turn gives the endothelial function.

8. A method as mentioned in claim (2), wherein the blood flow is measured with the help of MAReNIR technique.

9. A method as mentioned in claim (2), wherein the blood flow and the changes in the artery dimensions are monitored by the combined Ultrasound-Doppler technique.

10. A method as mentioned in claim (2), which monitors the blood flow over the course of time right from before the creation of

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occlusion till the blood flow is normalized after the removal of the occlusion, in order to exactly predict the Endothelial function.

11. A method as mentioned in claim (2), wherein the blood flow and the change in the blood flow are plotted against the time. These two graphs are further analyzed to give more accurate value of the endothelial function.

12. The self-administer endothelial function restored as as assessment system as mentioned in claim (1), which gives the 'Risk factor score' to paragraph the patient at the end of the test; indicating the amount of risk the user has.

\*\*\*\*

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